Sevoflurane-Induced Structural Changes in a Four- α -Helix Bundle Protein[†]

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ABSTRACT: The mechanisms whereby volatile general anesthetics reversibly alter protein function in the central nervous system remain obscure. Using three different spectroscopic approaches, evidence is presented that binding of the modern general anesthetic sevoflurane to the hydrophobic core of a model four- α -helix bundle protein results in structural changes. Aromatic residues in the hydrophobic core reorient into new environments upon anesthetic binding, and the protein as a whole becomes less dynamic and exhibits structural tightening. Comparable structural changes in the predicted in vivo protein targets, such as the γ -aminobutyric acid type A receptor and the *N*-methyl-D-aspartate receptor, may underlie some, or all, of the behavioral effects of these widely used clinical agents.

In the United States alone, on the order of 20 million general anesthetics are administered annually (1). Nevertheless, molecular mechanisms of volatile general anesthetic action remain remarkably obscure despite widespread and longstanding clinical use. The currently favored targets for these drugs include the Cys-loop ligand-gated ion channels such as the γ -aminobutyric acid type A receptor and the homologous glycine receptor (2-4). Although the structures of these membrane proteins remain unclear, recent electron cryomicroscopy studies on the related nicotinic acetylcholine receptor from *Torpedo* marmorata at 4 Å resolution indicate that the transmembrane domains of each subunit consist of a four- α -helix bundle (5, 6). The expressed four- α -helix bundle $(A\alpha_2-L1M/L38M)_2^1$ (Figure 1A) is therefore proposed to serve as a scaled-down model for the transmembrane domains of these and other membrane proteins. The rationale for this approach is supported by the evidence that the plasma membrane-embedded regions of proteins such as the nicotinic acetylcholine receptor (7, 8), the γ -aminobutyric acid type A receptor (9), and bovine rhodopsin (10) may interact directly with volatile general anesthetics. One of the key advantages of studying such a structural motif in isolation is that it is possible to use a variety of spectroscopic techniques that cannot be applied to intact ligand-gated ion channels, even assuming that it was possible to obtain a sufficient amount of purified material.

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FIGURE 1: (A) An opened-out and flattened representation of the $(A\alpha_2-L1M/L38M)_2$ bundle illustrating the residues present at the hydrophobic heptad a and d positions. There are a total of eight hydrophobic core layers, each composed of two a and two d position residues. Equivalent binding sites for anesthetic molecules reside in hydrophobic core layers III and VI where larger leucines were replaced with smaller alanines (43). (B) Ball and stick model of sevoflurane [fluoromethyl 2,2,2-trifluoro-1-(trifluoromethyl)ethyl ether]. Fluorine atoms are in green, carbon atoms are in gray, the oxygen atom is in red, and hydrogen atoms are in white.

Once a volatile general anesthetic binds to a protein, how does its presence lead to a reversible change in protein function? One possibility is that the anesthetic alters either the dynamics or the thermodynamic stability of the protein, shifting a conformational equilibrium so as to favor an open or a closed channel structure. Evidence that volatile general

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¹ Abbreviations: A α_2 , helix–loop–helix peptide; CD, circular dichroism; HSQC, heteronuclear single-quantum coherence; K_d , dissociation constant; kDa, kilodalton; K_{SV} , Stern–Volmer quenching constant; LB, Luria broth; NMR, nuclear magnetic resonance; $[\Theta]_{222}$, molar ellipticity at 222 nm.

anesthetic binding can alter both protein stability and dynamics has been obtained with several different model systems (11-14). Alternatively, binding of the anesthetic may cause a structural change in the target protein, but this has been difficult to detect experimentally since it is likely to be quite subtle, given the relatively weak molecular associations that are characteristic of these drugs (15). The only X-ray crystal structure of a complex between a modern volatile general anesthetic and a protein currently available is that of halothane and human serum albumin (16), which uncovered no structural changes following anesthetic binding. In addition, anesthetic-enhanced sodium transport activity by the antimicrobial peptide gramicidin A is not associated with any structural change as assessed by high-resolution nuclear magnetic resonance spectroscopy (17). Further, the limited information on protein architectural changes induced by bound anesthetic molecules indicates that secondary structure is not altered (18, 19). It is therefore likely that a bound anesthetic instead perturbs the tertiary structure of the protein or perhaps the quaternary structure. Only very highresolution X-ray crystallography will be able to detect the small topological changes that are likely in the case of weakly interacting ligands, such as the volatile general anesthetics. However, if the protein is small enough, spectroscopic approaches may allow structural changes to be detected, as described in this report.

EXPERIMENTAL PROCEDURES

Materials. Sevoflurane [fluoromethyl 2,2,2-trifluoro-1-(trifluoromethyl)ethyl ether] was obtained from Abbott Laboratories (North Chicago, IL). All other chemicals were of reagent grade.

Expression and Purification of $A\alpha_2$ -L1M/L38M. The $A\alpha_2$ -L1M/L38M peptide was expressed and purified as described (20). Peptide identity was confirmed with laser desorption mass spectrometry (Protein Chemistry Laboratory, University of Pennsylvania, Philadelphia, PA). The expected molecular mass was 6863.1 Da, and the experimental value was 6863.0 Da. The uniformly ¹⁵N-labeled four- α -helix bundle (A α_2 -L1M/L38M)₂ was obtained by expression from BL21 codon plus (DE3)-RP competent Escherichia coli cells. The growth medium for isotopic labeling was M9 minimal medium (21) with modifications: 1 L of medium contained 3.0 g of KH2-PO₄, 7.0 g of Na₂HPO₄, 0.5 g of NaCl, 1.0 g of (¹⁵NH₄)₂-SO₄ (98% ¹⁵N from Cambridge Isotope Laboratories, Andover, MA), 1 mM MgSO₄, 0.1 mM CaCl₂, 150 µM thiamin, 10 g of D-glucose, and 10 mL of LB medium. Expression and purification of the ¹⁵N-labeled four- α -helix bundle (A α_2 -L1M/L38M)2 was carried out as described (20). The uniformly ¹⁵N-labeled Aa2-L1M/L38M had a predicted molecular mass of 6944.1 Da and an experimental value of 6947.8 Da.

The overall four- α -helix bundle scaffold was designed to be water-soluble and to have a hydrophobic core as previously described (*13*, *20*, *22*, *23*). The four- α -helix bundle (A α_2 -L1M/L38M)₂ was assembled from two 62-residue di- α -helical peptides (Figure 1A), each composed of two 27residue α -helical segments and an eight-residue flexible glycine linker.

Circular Dichroism Spectroscopy. Near-UV spectra were recorded on a Model 62 DS spectropolarimeter (Aviv, Lakewood, NJ), using a 10 mm path length quartz cell. The cell holder was temperature controlled at 25.0 ± 0.1 °C. The buffer was 130 mM NaCl with 20 mM sodium phosphate at pH 7.0. The bandwidth was 1.00 nm, with a scan step of 0.25 nm and an average scan time of 3.0 s. Far-UV spectra were recorded on the same instrument using a 2 mm path length quartz cell. The cell holder was temperature controlled at 25.0 \pm 0.1 °C. The buffer was 10 mM potassium phosphate at pH 7.0. The bandwidth was 1.00 nm, with a scan step of 0.5 nm and an average scan time of 3.0 s.

Steady-State Fluorescence Measurements. Binding of sevoflurane to the four- α -helix bundle (A α_2 -L1M/L38M)₂ was determined using steady-state intrinsic tryptophan fluorescence measurements (18) on a RF-5301PC spectrofluorometer (Shimadzu, Columbia, MD). Tryptophan was excited at 280 nm (bandwidth 1.5 nm), and emission spectra (bandwidth 3 nm) were recorded with the control peak at 324 nm. The quartz cell had a path length of 10 mm and a Teflon stopper. The temperature of the cell holder was controlled at 25.0 \pm 0.1 °C. The buffer was 130 mM NaCl and 20 mM sodium phosphate, pH 7.0. Protein concentration was determined with a UV/vis spectrometer Lambda 25 (Perkin-Elmer, Norwalk, CT), taking ϵ_{280} for tryptophan = 5700 M⁻¹ cm⁻¹ (24). Sevoflurane-equilibrated bundle protein, in gastight Hamilton (Reno, NV) syringes, was diluted with predetermined volumes of plain protein (not exposed to anesthetic but otherwise treated in the same manner) to achieve the final anesthetic concentrations indicated in Figures 2 and 3.

As described previously (18), the quenched fluorescence (Q) is a function of the maximum possible quenching (Q_{max}) at an infinite sevoflurane concentration ([sevoflurane]) and the affinity of the anesthetic for its binding site (K_d) in the vicinity of the tryptophan residues. From mass law considerations, it then follows that

$$Q = (Q_{\text{max}}[\text{sevoflurane}])/(K_d + [\text{sevoflurane}]) \quad (1)$$

The ability of sevoflurane to directly quench indole fluorescence was examined using *N*-acetyltryptophanamide (Sigma Aldrich Chemical Co., St. Louis, MO) as the model fluorophore, and methanol (Fisher Scientific, Fair Lawn, NJ; spectrophotometric grade) as the solvent, to allow higher concentrations of sevoflurane to be studied. *N*-acetyltryptophanamide was excited at 280 nm (bandwidth 1.5 nm), and emission spectra (bandwidth 3 nm) were recorded with the control peak at 341 nm. The quartz cell had a path length of 10 mm and a Teflon stopper. The temperature of the cell holder was controlled at 25.0 \pm 0.1 °C. The *N*-acetyltryptophanamide concentration was determined with a UV/vis spectrometer Lambda 25 (Perkin-Elmer, Norwalk, CT), taking $\epsilon_{280} = 5700 \text{ M}^{-1} \text{ cm}^{-1} (24)$.

Nuclear Magnetic Resonance Measurements. One-dimensional nuclear magnetic resonance spectra were recorded on a Varian Inova 500 MHz instrument with a 90° pulse-acquisition sequence (25) (spectral width of 10 kHz, water presaturated for 1.5 s, 128 scans). The A α_2 -L1M/L38M concentration was 590 μ M in 20 mM phosphate buffer (containing 10% D₂O), pH 7.0. Sevoflurane (50 μ L, final concentration 540 μ M) was added from a stock solution of 8.0 mM to the NMR tube containing (A α_2 -L1M/L38M)₂ to yield approximately a 1:1 concentration, resulting in a final

 $A\alpha_2$ -L1M/L38M concentration of 550 μ M. The spectra were processed using Felix 2.3 from MSI (San Diego, CA) on a Silicon Graphics (Mountain View, CA) workstation. The spectra were referenced with respect to the water peak (4.81 ppm at 20 °C).

Heteronuclear ¹⁵N–¹H HSQC NMR spectra were recorded at 11.7 T at 25 °C on a Varian Inova 500 MHz instrument equipped with a cryoprobe using standard methods (26). The spectra were processed using NMRPipe (27) on a personal computer running the Linux operating system. The spectra were referenced with respect to the water peak (4.78 ppm at 25 °C).

Gas Chromatography. Buffer concentrations of sevoflurane were determined by gas chromatography on an HP 6890 series instrument (Hewlett-Packard, Wilmington, DE) as described (28).

Gel Filtration. The solution molecular mass of the four- α -helix bundle (A α_2 -L1M/L38M)₂ was determined on a Beckman System Gold HPLC system with a diode array detector (Beckman Coulter Inc., Fullerton, CA) using a TosoHaas (Montgomeryville, PA) G2000SW TSK-GEL column (300 × 7.5 mm, 10 μ m particle size) and a flow rate of 0.6 mL/min. The elution buffer was 130 mM NaCl and 20 mM sodium phosphate, pH 7.0, with or without 2 mM sevoflurane. Molecular mass standards (all from Sigma Aldrich Chemical Co., St. Louis, MO) consisted of aprotinin (6.5 kDa), horse heart cytochrome *c* (12.4 kDa), chymotrypsinogen A (25.0 kDa), ovalbumin (43.0 kDa), and bovine serum albumin (67.0 kDa).

Curve Fitting and Statistics. Best-fit curves were generated with the KaleidaGraph (version 3.6; Synergy Software, Maywood, NJ, 2003) program. Data are expressed as means \pm SD.

RESULTS

The binding of sevoflurane (Figure 1B) to the hydrophobic core of the four- α -helix bundle (A α_2 -L1M/L38M)₂ was followed by tryptophan fluorescence quenching as shown in Figure 2. Sevoflurane causes a concentration-dependent quenching of the intrinsic W15 fluorescence, which is accompanied by a progressive 5 nm red shift in the emission maximum (from 324 to 329 nm). Since sevoflurane is only a very weak direct quencher of tryptophan fluorescence (see below), the decrease in the quantum yield and the accompanying red shift in the emission maximum are attributed to a conformational change in the hydrophobic core following anesthetic binding. The red shift in the emission maximum indicates that W15 reorients into a somewhat more polar environment upon anesthetic binding. The $58 \pm 1\%$ decrease in the W15 fluorescence quantum yield along with the red shift suggests that the indole ring is reoriented into closer proximity to a quenching carbonyl group of a backbone peptide bond (29). Figure 3a shows a plot of the bundle tryptophan fluorescence as a function of the sevoflurane concentration, yielding a $K_d = 280 \pm 10 \,\mu\text{M}$, in agreement with the clinical EC₅₀ in man of 260 μ M (30).

The importance of bundle tertiary structural interactions for anesthetic binding is shown in Figure 3b, which demonstrates the lack of quenching of W15 fluorescence in the di- α -helical A α_2 -L1M/L38M by sevoflurane following bundle dissociation with 2,2,2-trifluoroethanol. Trifluoroet-



FIGURE 2: Quenching of the $(A\alpha_2-L1M/L38M)_2$ bundle $(1.9 \ \mu M)$ W15 fluorescence by sevoflurane. Excitation was at 280 nm, with the emission maximum at 324 nm for the control condition. The concentrations of sevoflurane were (red) 0, (blue) 80 μ M, (purple) 240 μ M, (green) 800 μ M, and (brown) 8 mM.



FIGURE 3: (a) Fluorescence quenching profile for the four- α -helix bundle (A α_2 -L1M/L38M)₂ by added sevoflurane. The bundle protein concentration was 1.9 μ M. Data points are the means of three experiments on separate samples with error bars representing the SD. The line through the data points has the form of eq 1. (b) Effect of sevoflurane on A α_2 -L1M/L38M (3.8 μ M) W15 fluorescence in the presence of 50% (6.9 M) 2,2,2-trifluoroethanol. Data points are the means of four experiments on separate samples with error bars representing the SD.

hanol negates the hydrophobic interactions that underlie four- α -helix bundle formation, while maintaining secondary structure (*31*). Because sevoflurane is only a very weak direct quencher of tryptophan fluorescence, no change in the emission intensity is observed under these conditions. This highlights the importance of the intact four- α -helix bundle structure for anesthetic binding. This finding is in line with previous work describing the binding of halothane and



Sevoflurane conc., M

FIGURE 4: Stern–Volmer plot showing the ability of sevoflurane to quench *N*-acetyltryptophanamide fluorescence in methanol. Data points are the means of four experiments with the error bars representing the standard deviations. The line through the data points has the form of $F_0/F = 1 + K_{SV}$ [sevoflurane], where K_{SV} , the Stern–Volmer quenching constant, has a value of 0.013 ± 0.002 M⁻¹. F_0 is the fluorescence quantum yield of *N*-acetyltryptophanamide in the absence of sevoflurane, and *F* is the fluorescence quantum yield of *N*-acetyltryptophanamide in the presence of various concentrations of sevoflurane ([sevoflurane]).

chloroform to the chemically synthesized four- α -helix bundles $(A\alpha_2-L38M)_2$ and $(A\alpha_2-L38M/W15Y)_2$ (22).

To further test whether sevoflurane might directly quench the fluorescence of W15 in the four- α -helix bundle (A α_2 -L1M/L38M)₂, experiments were performed using the model fluorophore N-acetyltryptophanamide and methanol as the solvent in order to allow higher concentrations of sevoflurane to be examined. Figure 4 shows a Stern-Volmer plot of the N-acetyltryptophanamide fluorescence intensity as a function of sevoflurane concentration up to 1.0 M. The Stern–Volmer quenching constant, K_{SV} , has a value of $0.013 \pm 0.002 \text{ M}^{-1}$, indicating only minor direct quenching and that a sevoflurane concentration of 76.9 M would be required to decrease the N-acetyltryptophanamide fluorescence quantum yield by 50%. To put this into perspective, pure liquid sevoflurane has a concentration of 7.6 M. For comparison, halothane quenches N-acetyltryptophanamide fluorescence with $K_{SV} =$ $47 \pm 2 \text{ M}^{-1}$ (22).

Figure 5 shows the near-UV circular dichroism (CD) spectra of $(A\alpha_2-L1M/L38M)_2$ recorded before and after adding increasing concentrations of sevoflurane. The observed CD signal arises from the two phenylalanines (F12 and F52) and one tryptophan (W15) present per monomer. In the wavelength range 255–270 nm, both phenylalanine and tryptophan absorb; hence the near-UV CD in this region reflects the tertiary structure around these three residues (*32*). Above 270 nm, the near-UV CD reports on the tertiary structure around W15. The addition of sevoflurane leads to clear differences in the near-UV CD signal indicating specific binding to the protein. Below 270 nm, the CD signal changes its sign from positive to negative but retains the same fine



Wavelength, nm

FIGURE 5: Near-UV circular dichroism spectra of $(A\alpha_2-L1M/L38M)_2$ at 140 μ M in 130 mM NaCl and 20 mM sodium phosphate buffer, pH 7.0, and at a temperature of 25.0 \pm 0.1 °C. The red trace is the control spectrum for $(A\alpha_2-L1M/L38M)_2$. Blue and black traces are the spectra obtained after adding 300 μ M and 2.3 mM sevoflurane, respectively.

structure characteristic of phenylalanine. In the tryptophan region (above 270 nm) there is also a clear effect of sevoflurane binding on $(A\alpha_2-L1M/L38M)_2$. In the absence of anesthetic the protein has positive CD signals with maximum intensities at 287 and 295 nm and a negative CD peak centered on 291 nm. In the presence of anesthetic the CD signal becomes negative throughout the tryptophan wavelength range, indicating that this side chain adopts a different conformation compared to that in the absence of anesthetic, in agreement with the fluorescence results.

Far-UV CD spectroscopy was used to determine the effect of sevoflurane on the secondary structure of the four- α -helix bundle $(A\alpha_2-L1M/L38M)_2$. Figure 6 shows far-UV CD spectra obtained for $(A\alpha_2-L1M/L38M)_2$ in the absence and presence of either 2 mM (a) or 8 mM (b) sevoflurane. The overall shapes of the spectra are typical for a polypeptide with a high α -helical content (33) with positive peaks at 192 nm and two negative peaks at 208 and 222 nm. In Figure 6a, the value of the molar ellipticity at 222 nm is $-22.4 \pm$ 0.1 $(10^{-3} \text{ deg} \cdot \text{cm}^2 \cdot \text{dmol}^{-1}, n = 4)$, which is similar to that reported previously for this four- α -helix bundle (20). This translates into a α -helical content of 70.0% using a value of $-32000 \text{ deg} \cdot \text{cm}^2 \cdot \text{dmol}^{-1}$ for 100% α -helix (34). The addition of 2 mM sevoflurane produces a small decrease in $[\Theta]_{222} =$ $-22.0 \pm 0.1 \ (10^{-3} \text{ deg} \cdot \text{cm}^2 \cdot \text{dmol}^{-1}, n = 4)$. In contrast, the molar ellipticity at 192 nm increases from a value of 52.4 \pm 0.8 $(10^{-3} \text{ deg} \cdot \text{cm}^2 \cdot \text{dmol}^{-1}, n = 4)$ in the absence of sevoflurane (Figure 6a) to 53.8 ± 0.4 (10^{-3} deg·cm²·dmol⁻¹, n = 4) in the presence of 2 mM sevoflurane. Sevoflurane also red shifts the position of the latter peak on the order of 1 nm. The respective changes in the values of $[\Theta]_{222}$ and $[\Theta]_{192}$ are more pronounced in the presence of 8 mM sevoflurane (Figure 6b). The molar ellipticity at 222 nm is $-22.6 \pm 0.2 \ (10^{-3} \text{ deg} \cdot \text{cm}^2 \cdot \text{dmol}^{-1}, n = 4)$ in the absence of sevoflurane and $-21.9 \pm 0.1 (10^{-3} \text{ deg} \cdot \text{cm}^2 \cdot \text{dmol}^{-1})$, n =4) in the presence of 8 mM sevoflurane. The molar ellipticity



Wavelength, nm

FIGURE 6: Far-UV circular dichroism spectra of $(A\alpha_2-L1M/L38M)_2$ at 5.4 μ M in 10 mM potassium phosphate buffer, pH 7.0, and at a temperature of 25.0 \pm 0.1 °C. In each panel, the red trace is the control spectrum for $(A\alpha_2-L1M/L38M)_2$, and the blue traces are in the presence of (a) 2 mM and (b) 8 mM sevoflurane.

at 192 nm is $50.9 \pm 0.2 (10^{-3} \text{ deg} \cdot \text{cm}^2 \cdot \text{dmol}^{-1}, n = 4)$ in the absence of sevoflurane and $52.8 \pm 0.2 (10^{-3} \text{ deg} \cdot \text{cm}^2 \cdot \text{dmol}^{-1}, n = 4)$ in the presence of 8 mM sevoflurane.

Figure 7 shows the one-dimensional ¹H NMR spectra of $(A\alpha_2-L1M/L38M)_2$ before (top spectrum) and after adding sevoflurane (bottom spectrum). The spectra are shown in the chemical shift range of 10.5-6 ppm which reports on aromatic and amide protons. In the absence of sevoflurane, the peaks are quite broad and significantly overlapped. This broadness of the resonances may arise from the fact that the protein sequence contains a large degeneracy of amino acid residues (14 glutamates, 12 lysines, 11 leucines, 9 alanines, and 8 glycines, out of a total of 62 amino acids per monomer) and that the four- α -helix bundle exhibits some molten globule character (35). With the addition of sevoflurane the peaks become sharper, indicating that the protein attains a more structured conformation compared to that in the absence of the anesthetic. This is compatible with an anestheticinduced decrease in protein dynamics.



FIGURE 7: One-dimensional ¹H NMR spectra of A α_2 -L1M/L38M (590 μ M) in 20 mM phosphate buffer (90% H₂O/10% D₂O), pH 7.0, at a temperature of 20 °C. The black and red lines represent the spectra before and after adding approximately a 1:1 sevoflurane concentration. Sevoflurane (540 μ M) was added directly to A α_2 -L1M/L38M, resulting in a final protein concentration of 550 μ M.

Figure 8 shows the ¹⁵N⁻¹H heteronuclear single-quantum coherence (HSQC) spectrum of $(A\alpha_2-L1M/L38M)_2$ at 25 °C in the absence (blue) and presence (red) of 1 mM sevoflurane. There are differential changes in the intensity of a number of the peaks, with at least 15 of the cross-peaks present in the free protein undergoing chemical shift changes. These observations indicate that a complex is being formed, in line with the fluorescence and circular dichroism data, and that the binding of the anesthetic induces structural changes in the four- α -helix bundle.

Gel filtration was performed in order to determine whether the anesthetic was altering the aggregation state of $(A\alpha_2-L1M/L38M)_2$ and thereby causing the structural changes apparent in Figures 2, 5, 6, 7, and 8. Figure 9 shows chromatograms depicting the elution times of $(A\alpha_2-L1M/L38M)_2$ using a buffer of 130 mM NaCl and 20 mM sodium phosphate, pH 7.0, in the absence (a) and presence of 2 mM sevoflurane (b). On the basis of the molecular mass standards, the $(A\alpha_2-L1M/L38M)_2$ (Figure 9a) has an apparent solution molecular mass of 17.5 kDa. This is not significantly altered in the presence of 2 mM sevoflurane (Figure 9b), indicating that the anesthetic is not altering the aggregation state of the four- α -helix bundle $(A\alpha_2-L1M/L38M)_2$.

DISCUSSION

Conformational changes in a model four- α -helix bundle protein have been demonstrated using three different spectroscopic techniques following the binding of a modern volatile general anesthetic, sevoflurane. Structural changes in proteins following anesthetic binding have been technically



FIGURE 8: Heteronuclear ${}^{15}N{-}^{1}H$ HSQC NMR spectrum of A α_2 -L1M/L38M (310 μ M) in 20 mM phosphate buffer (90% H₂O/10% D₂O), pH 4.7, at a temperature of 25 °C (blue). The red ${}^{15}N{-}^{1}H$ HSQC spectrum was recorded following the addition of 1 mM sevoflurane, which resulted in a final A α_2 -L1M/L38M concentration of 270 μ M.



FIGURE 9: Chromatograms depicting the elution times of $(A\alpha_2-L1M/L38M)_2$ using a buffer of 130 mM NaCl and 20 mM sodium phosphate, pH 7.0, in the absence (a) and presence (b) of 2 mM sevoflurane, monitoring the absorbance at 280 nm. Sevoflurane has no significant effect on the solution molecular mass of the four- α -helix bundle $(A\alpha_2-L1M/L38M)_2$. Chromatogram b is offset by 1 absorbance unit (vertical direction) for clarity.

difficult to detect (36) but presumably underlie many of the resulting reversible alterations in central nervous system protein function. Comparable structural changes in the predicted in vivo central nervous system protein targets, such as the γ -aminobutyric acid type A receptor and the *N*-methyl-D-aspartate receptor, may underlie some, or all, of the behavioral effects of these widely used clinical agents.

Sevoflurane bound to the hydrophobic core of the four- α -helix bundle (A α_2 -L1M/L38M)₂ with a K_d of 280 ± 10 μ M, as assessed by changes in the quantum yield of W15. Using isothermal titration calorimetry, sevoflurane bound to the chemically synthesized four- α -helix bundle (A α_2 -L38M)₂ with a K_d of 140 ± 10 μ M (37), in reasonable agreement with the current result. For comparison, using ¹⁹F NMR spectroscopy, sevoflurane has been shown to bind to bovine serum albumin with a K_d value of 4.5 ± 0.6 mM (38). Similarly, using isothermal titration calorimetry, sevoflurane binds to bovine serum albumin with a K_d value of 3.7 ± 0.4 mM (39). The current results extend the utility of intrinsic tryptophan fluorescence studies to allow the binding of a nonquenching, or weakly quenching, volatile general anesthetic to be monitored.

The near-UV circular dichroism spectroscopy results indicate that sevoflurane binding leads to a reorientation of the aromatic residues F12 and W15 in the hydrophobic core of the four- α -helix bundle (A α_2 -L1M/L38M)₂. The interfacial heptad e position F52 also apparently alters its orientation upon anesthetic binding. Such changes in side-chain configuration upon anesthetic binding are predicted to have both functional and dynamic consequences and will also have effects on the overall thermodynamic stability of the protein.

The far-UV circular dichroism spectroscopy results indicate that sevoflurane binding also alters the secondary structure of the four- α -helix bundle (A α_2 -L1M/L38M)₂. The increase in the molar ellipticity at 192 nm in the presence of sevoflurane is compatible with a slight increase in α -helical content. The decrease in molar ellipticity at 222 nm is not in line with an increase in α -helical content, but aromatic residues also contribute to the spectral intensity in this wavelength region (33), and Figure 5 shows that the orientations of F12, W15, and F52 are altered by anesthetic binding. The 1 nm red shift in the position of the positive 192 nm peak in the far-UV circular dichroism spectrum following sevoflurane binding may reflect the presence of a mixture of 3_{10} - and α -helical regions coexisting in the four- α -helix bundle, since right-handed 3₁₀-helices have a positive peak at 195 nm (40).

The one-dimensional ¹H nuclear magnetic resonance spectroscopy results indicate that sevoflurane binding to the hydrophobic core is associated with a structural tightening of the four- α -helix bundle (A α_2 -L1M/L38M)₂. Using hydrogen exchange (*13*), the volatile general anesthetic halothane was also shown to stabilize the folded conformation of the chemically synthesized four- α -helix bundle (A α_2 -L38M)₂. Thus, binding of volatile general anesthetic molecules to the four- α -helix bundle scaffolds is associated with a stabilization of the folded conformation of the protein. As noted earlier (13), such stabilization of certain protein conformations may represent a common mechanism whereby volatile general anesthetics reversibly perturb normal protein function. In the case of the Cys-loop ligand-gated ion channels such as the γ -aminobutyric acid type A receptor, binding of volatile general anesthetic molecules would therefore be predicted to favor the open conformation of the channel over the closed conformation. In contrast, a largescale 2.2 ns all-atom molecular dynamics simulation study indicates that halothane increases the root mean square fluctuations of the C_{α} carbons along the backbone of the antimicrobial peptide gramicidin A, suggesting an overall enhancement of channel motions (14).

The two-dimensional ${}^{15}N{-}{}^{1}H$ HSQC nuclear magnetic resonance spectra of the four- α -helix bundle (A α_2 -L1M/ L38M)₂ indicate that several NH resonance cross-peaks are shifted or sharpened when sevoflurane binds to the hydrophobic core. Cross-peak shifts in the glycine loop at the ${}^{15}N$ 108–109 ppm chemical shift region in Figure 8 indicate that anesthetic binding can cause structural changes at a location distant (on the order of 10 Å) from the actual binding sites in hydrophobic core layers III and VI (Figure 1). Such widespread, but subtle, structural changes upon anesthetic binding are predicted to translate into alterations in normal protein activity, given the close link between protein structure and function (*41*, *42*).

An understanding of volatile general anesthetic mechanisms of action will ultimately require precise structural descriptions of the complexes formed with various protein targets. This continues to remain a technical challenge in the case of a natural ligand-gated ion channel such as the γ -aminobutyric acid type A receptor, because a sufficient amount of pure material is not available. However, ongoing X-ray crystallographic and multidimensional heteronuclear nuclear magnetic resonance studies on the current four- α helix bundle system should allow a more detailed understanding of these structural changes, providing insight into how volatile general anesthetics reversibly alter protein function in the central nervous system.

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