



| School of Pharmacy Career Services

CU Skaggs School of Pharmacy career development begins in the first year and continues each year, deepening career readiness through graduation.

Career Services offers assistance that will enhance professional development and career skills related to: 1.) career and self-*discovery*, 2.) networking and job application *development*, and 3.) targeted job search or post-graduate training *delivery*. (See graphic on page 2– The CU Pharmacy Career Plan).

As students engage in the career planning cycle through curricular and co-curricular activities, they achieve career competencies to apply throughout their career advancement. Success is achieved by navigating the career plan cycle multiple times throughout pharmacy school when pursuing opportunities such as, internships, unique APPE rotations, residencies, and employment as a pharmacist.

Career Services offers answers to the following FAQs:

What type of help can students expect from Career Services?

Career Services has developed the CU Skaggs Career Plan to guide students and alumni to proactively prepare for career opportunities and make career decisions. Students and alumni receive resources, strategies, and techniques in exploring and discovering career opportunities, developing employment and/or residency application materials, and searching for opportunities that fit unique career goals.

Can Career Services help students find an internship? What about a job after graduation?

Students receive coaching on ways to engage potential employers with the highest degree of professionalism, provide techniques to increase the likelihood of securing employment, and guidance based on individual employment choices.

When should students start working with Career Services?

There is tremendous value in starting your career preparation early. Career Services offers workshops, activities, events, and individual advising sessions each semester for P1-P4 students.

How do students contact Career Services?

Career Services is located in the Office of Student Services. Career Services standard office hours are from 9am to 6pm Monday - Friday. Pharmacy students and alumni may schedule an appointment by emailing Laurie Sein at laurie.sein@ucdenver.edu or 303.724.0250.



**Skaggs School of Pharmacy
and Pharmaceutical Sciences**

UNIVERSITY OF COLORADO **ANSCHUTZ MEDICAL CAMPUS**

The CU Pharmacy Career Plan

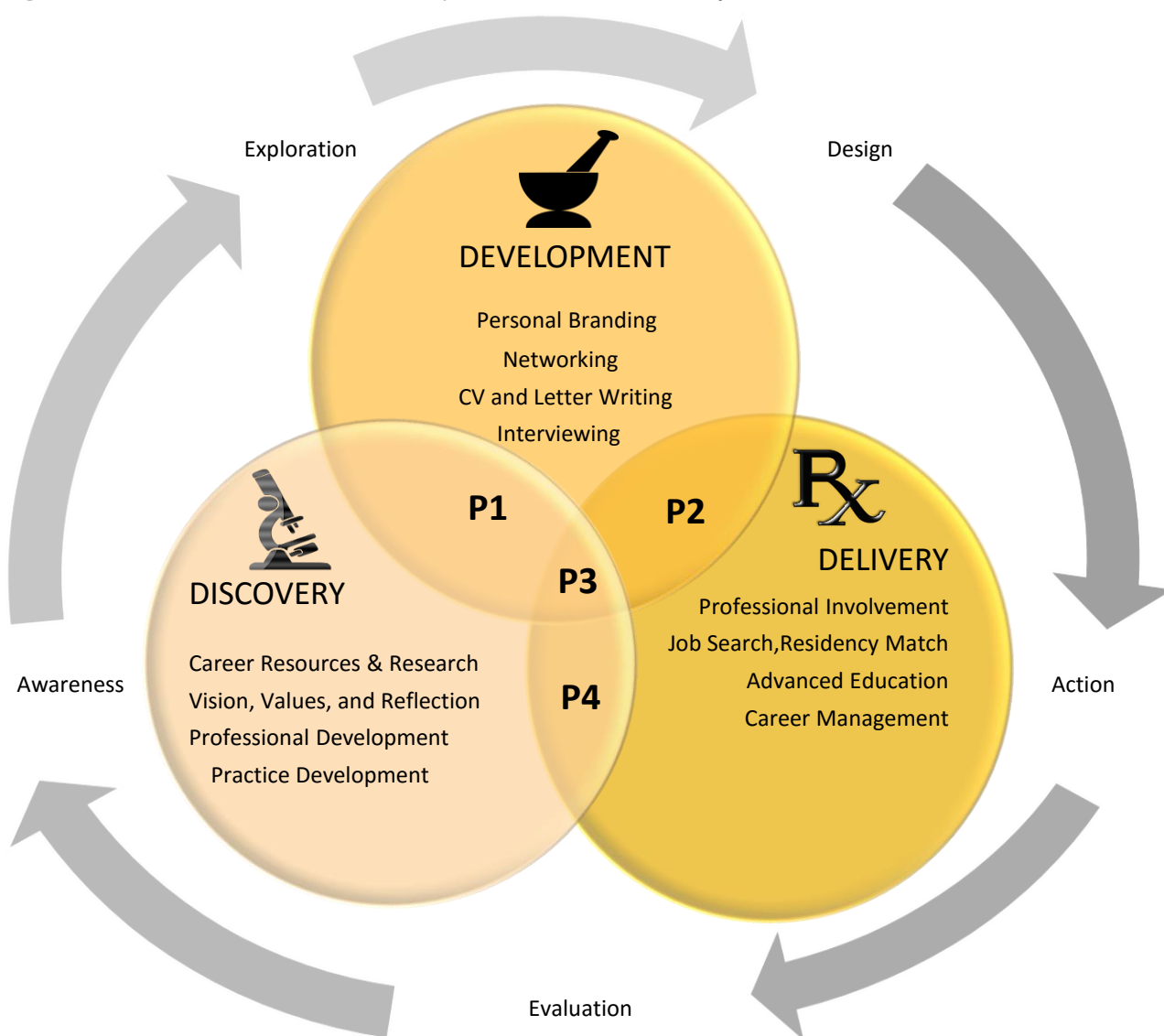
The outer ring represents student progression through the career plan. Students can work through the career plan at a speed and frequency that is appropriate for them to achieve their professional and practice development goals.

Gain awareness of career opportunities and begin exploring. It is typical to start the career plan in the career discovery stage and establish positive professional behaviors. As students learn about their pharmacy practice interests, values, and strengths they practice networking skills, and develop application documents for experiences such as, a) pharmacy internships in a variety of settings, b) unique summer, national or international pharmacy internships, c) research, d) professional organizations and leadership roles.

Discover opportunities to visualize and design the future. Students' activities shape how they demonstrate approach to patient and practice standards and professional development standards. Articulating their participation and contributions on their CV, letter of intent, and with a mentor are important steps in anticipation of preparing for the future.

Develop a plan and set actions. As students' progress through the career plan, they begin making both short-term and long-term career goals, finding themselves discovering opportunities to pursue after graduation, developing job application materials and applying for prospective positions.

Evaluate to achieve desired outcomes. The intensity in which students gain experience through APPE rotations increases the need to start making career decisions. Students may find themselves in a position of accepting their first post-graduate opportunity or discovering an entire new area of pharmacy in their APPE that they wish to pursue, and cycle through the career plan again to set themselves on their career path. The CU Pharmacy Career Plan:





DISCOVERY Career Competencies

Career Research & Resources

Realize unique strengths and goals with local and national career resources to help navigate pharmacy careers. Gain awareness of pharmacist career pathways, research salary, and take actionable steps toward your career.

- CU Skaggs Career Plan
- Career Readiness Competencies
- Career Resources, Research and Preparation
- Informational Interview Guide
- APhA Career Pathways Evaluation & Assessment

Vision, Values & Reflection

Complete intentional goal setting and reflection exercises to connect curricular and co-curricular experiences to pharmacy career pathways.

- Value Alignment & Goal Setting Series
- 360 Degree Assessment
- Faculty Liaison Mentor Meetings
- Story Slam
- Career Exploration Fair and Lunch and Learn Series

Professional Development

Strengthen sought after skills in leadership, communication, time management, interpersonal/teamwork skills, advocacy, and business etiquette.

- Professionalism and Emotional Intelligence Series
- Optional Co-Curricular Activities; Professional Associations and Student Government
- PHRD5055 Drug Information & Career Course
- PPDP Required Co-Curricular Service Learning

Practice Development

Apply professional behaviors in your experiential practice settings.

- PHRD 5909 Professional Development
- Introduction to Pharmacy Practice Experience (IPPE)
- Advanced Introduction Pharmacy Practice Experience (aIPPE)
- Advanced Pharmacy Practice Experience (APPE)
- Interprofessional Practice (IPE) and Ethics



DEVELOPMENT Career Competencies

Personal Branding

Craft your professional brand to deliver your value to pharmacy professionals in a clear, concise and compelling message.

- Personal Branding Workshop
- The Who, Why and How Worksheet

Networking & Relationships

Make connections with faculty and professional contacts through various pharmacy associations and online networking. Build a strong online presence and cultivate lasting mutually beneficial relationships.

- Maximizing Social Media and Digital Presence
- Enhancing the Mentor Relationship Tip Sheet
- Building a Profile and Navigating LinkedIn

Resume / CV and Letter Writing

Land the interview by having a polished resume/CV that demonstrates value. Match your skills and strengths to the employer's requirements and appeal to the pharmacy manager by showing significance in your experiences.

- Advanced CV/Resume Writing Strategies
- Writing Compelling Letters: Cover Letters, Letters Of Intent, Personal Statements and Thank You Letters
- References and Recommendations - A Guide to Receiving Favorable Feedback

Interviewing

Prepare professional stories as you take action to secure an internship, residency, fellowship or employment as a Pharmacist.

- Pharmacy Interview Techniques
- Interviewing Guide & Rubric
- Mock Interviewing Train the Trainer

R_x DELIVERY Career Competencies

Job Search & Residency Match Strategies

Plan and execute a comprehensive plan for your pharmacy career search.

- Strategies for a Successful Job Search Series
- Job Search Planning Workbook
- Negotiating Strategies & Assessing a Job Offer
- Residency Planning and Ranking Series
- Hire CU Pharmacy On-Campus Interview Day

Professional Involvement

Promote your success and find engagement opportunities.

- Graduation Banquet and Ceremony
- Graduate Residency and Employment Outcomes
- Alumni Speakers' Bureau
- State and National Association Involvement
- Alumni Membership and Alumni Receptions

Career Management

Carry best practices and techniques of finding career opportunities with you as you transition from school of pharmacy. Self-advocate for professional advancement by articulating strengths and skills that are valuable for the next opportunity.

- Alumni Virtual Career Events
- Empowering Your Professional Growth (Awareness of Continuing Education, Advanced Degree Programs, and Certifications)